



Churchill CEVC Primary School

Physical Education Policy and Curriculum Statement

*With kind hearts and determined minds, we inspire each other to be the best we
can be*

Written by	Headteacher
Ratified by	Curriculum Committee
Date last reviewed	September 2021
Date of next review	September 2023
Signed – Chair of Governors	<i>S Furniss</i>
Signed – Headteacher	<i>Lorraine Woollven</i>

This policy should be taken as part of the overall strategy of the school and implemented within the context of our vision, aims and values as a Church of England School.

Physical Education (PE)

At Churchill Primary School, Physical Education is an integral part of our curriculum that is inclusive and engages all pupils. Children develop their knowledge through a skills based curriculum whilst being given opportunities to excel in a broad range of sports and physical activities. We aim to deliver high-quality teaching and learning opportunities that enable every child to achieve their personal best. Children will participate in competitive sports that offer the opportunity to apply their 'Churchill Ethos' to the sporting activity ensuring they do their best and display sportsmanship in order to be the very best they can be. We aim for all children to be physically active for at least 30 minutes a day. Our ambition is to give children the skills they need to make informed decisions to lead healthy and active lives. Swimming is a crucial life skill and we aspire for all children to leave primary school being able to swim at least 25 metres.

Our curriculum aims to ensure that all pupils:

- **will leave Churchill with a positive relationship to physical health, activity and personal wellbeing.**
- **will develop their understanding of competition, including: fair play, sportsmanship, team work, passion and playing within the rules.**
- **will have a sound knowledge of the basic skills needed to access specific sports that progressively builds through each key stage.**
- **will use Physical Education at Churchill to develop themselves as a whole person - mentally, personally, physically and socially.**

Implementation

PE Lessons

We intend to implement 2 hours of timetabled lessons each week for every pupil: allowing pupils to develop themselves as a whole person; build a sound knowledge of basic skills; develop the values of the school's ethos and build a positive relationship with physical health.

All staff have access to a bank of structured lessons. Hall space and outside space are timetabled in order to give each class an opportunity to access PE lessons. Each lesson plan is pre-created but gives the teacher flexibility to alter elements in order to give the pupils the best learning experience. Our plans lead on from the skills learnt from the previous years (where sports are repeated), with each one enabling staff to simplify activities or to add in more challenge if individuals/groups need it. Each lesson has a social, personal and technical objective, ensuring that the whole person is developed throughout. Children are given opportunities to make links with Maths, English and ICT where possible. We intend to offer an active learning intervention that corresponds with a number sense programme, to ensure that children's number facts are being secured through a kinaesthetic approach. Teachers will make links to the school values where appropriate in order to enhance children's understanding of the values associated to physical health and sport. We have also developed a curriculum map to guide teachers throughout the year and to see the progression within the school. We aim to have a bank of 'rain day' resources

that will enhance the broadness and inclusiveness of the curriculum; these will link to personal best challenges and social games. Additionally, these activities can also be used in the case of 'home learning' to engage children to be active during a pandemic.

Extra-Curricular Activity

We intend to offer maximum opportunities to children of all circumstances allowing them access to enjoy clubs and initiatives outside of school hours. These opportunities allow pupils to develop themselves as a whole person, build a sound knowledge of basic skills and build a positive relationship with physical health. We aim to build links with external local clubs and create pathways into the local community.

We have used some of the Sports Premium Budget to run sports clubs before school throughout the week. We also have a host of after school clubs that can be paid for by the parents. Please see Sports Premium Policy for more information. The sports and age-related groups vary each term so that more children have the option to access them. The clubs are heavily promoted through letter distribution, email correspondence and presentations in class and assembly. We have also developed our lunch time provision to train older children to deliver games. We have also enlisted the help of professional coaches to use the lunch hour to train our school teams with delivering a range of extra sports activities. Where possible we aim to link this extra development with the NSSPEA events in order to build confidence in the sports that aren't part of the core curriculum.

Clubs are run by teachers or professional sports coaches who use their own internal assessment and monitoring to ensure high quality provision. We have an open dialogue with them in order to align our expectations. Participation is monitored in order to make sure we are offering the best clubs that are being enjoyed by the children - and we have the opportunity to stop clubs that aren't working well and replace them with different age groups and sports.

Competition

We intend to give children an opportunity to develop a better sense of competition - either competing against themselves, with others in a recognised environment (PE lessons for example) or against an unrecognised opponent. Increased exposure to competition will allow pupils to better develop their relationship with physical health and its ability to manage emotions such as humility, cooperation, passion, pride and competitiveness.

Through exposure to competitions during PE lessons (at the end of each lesson children are given an opportunity to cement their learning through a structured competition) and at the end of a sporting unit. Also, children will be given the opportunity to represent their teams/houses during intra-school level 1 competition (during the school day throughout the year). Finally, children can represent their school through level II competitions - where they come off site to compete against other schools and children. We have access to the North Somerset PE Association's competition calendar in order to timetable a list of events to attend. We are looking to develop a young leaders program to enable our children to have a sense of ownership within the intra events. We will be using the PlayMakers program to supplement the training of our young sport leaders and give them opportunities to take responsibility for their own physical education.

The impact will be measured by anecdotal evidence, by listening to pupils and teacher feedback about pupils' attitudes to competition throughout the year. We will also look at the results of the tournaments we attend and look to improve our results (both scores and relationship with events) throughout the year.

Impact

At Churchill Primary School, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills whilst applying them to a variety of sports and activities. All children are provided with the small step skills and given opportunities to demonstrate improvement to achieve their personal best. Our pupils are physically active and this has positive implications on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise. The team aim for our children to enjoy PE and develop a love of sport, and physical activity, that they then pursue outside of school and in future life beyond primary school. All pupils understand the values and importance of fair play and being a good sportsperson. Year 6 pupils leave school with the skills to self-rescue in the water and swim 25 metres competently.

Organisation

PE will be taught in planned units. There are 9 sports that can be covered at any point throughout the year, with alternative sports offered throughout the year. There will be 3 House Competitions throughout the year – Football, Capture the Flag and Rounders - in order to allow all children to develop competition skills and take part.

Equal Opportunities (eg gender, race)

At Churchill Primary School, we are committed to providing all children with an equal entitlement to physical activities and opportunities regardless of race, gender, culture or class.

Inclusion

In school, we aim to meet the needs of all our children by differentiating in our PE planning and in providing a variety of approaches and tasks appropriate to ability levels. This involves providing opportunities for SEND children to complete their own activity, through the resources of TOP sportsability; active learning and PlayMakers. Children develop their gross motor skills, as well as their social skills. This will enable children with learning and/or physical difficulties to take an active part in learning to achieve the goals they have been set.

Some children will require closer supervision and more adult support to allow them to progress whilst more confident children will be stretched through differentiated activities. The enhanced and enriched activities, provide pathways for higher achieving children and they will be able to progress with a greater level of knowledge and techniques appropriate to their abilities.